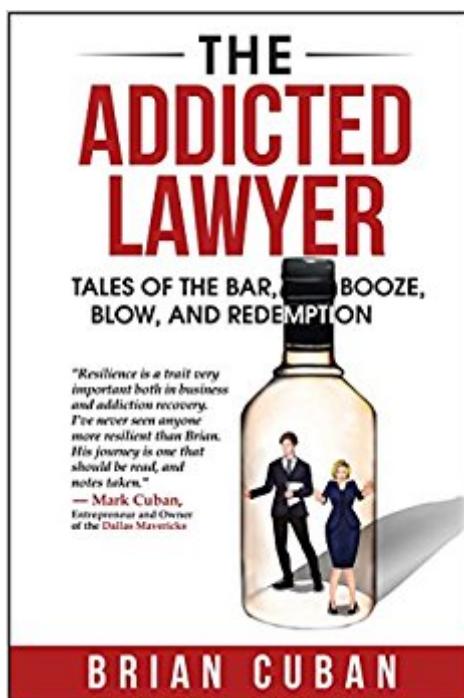


The book was found

The Addicted Lawyer: Tales Of The Bar, Booze, Blow, And Redemption



Synopsis

Brian Cuban was a successful lawyerâ "and an addict.Â Brian Cuban was living a lie. With a famous last name and a successful career as a lawyer, Brian was able to hide his clinical depression and alcohol and cocaine addictionsâ "for a while.Â Today, as an inspirational speaker in long-term recovery, Brian looks back on his journey with honesty, compassion, and even humor as he reflects both on what he has learned about himself and his career choice and how the legal profession enables addiction. His demons, which date to his childhood, controlled him through failed marriages and stays in a psychiatric facility, until they brought him to the brink of suicide. That was his wake-up call. This is his story. Brian also takes an in-depth look at why there is such a high percentage of problematic alcohol use and other mental health issues in the legal profession. What types of therapies work? Are 12-step programs the only answer? Brian also includes interviews with experts on the subject as well as others in the profession who are now in recovery. The Addicted Lawyer is both a serious study of addiction and a compelling story of redemption.Â

Book Information

Paperback: 272 pages

Publisher: Post Hill Press (June 13, 2017)

Language: English

ISBN-10: 1682613704

ISBN-13: 978-1682613702

Product Dimensions: 6 x 0.6 x 9 inches

Shipping Weight: 13.4 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars 36 customer reviews

Best Sellers Rank: #60,896 in Books (See Top 100 in Books) #28 inÂ Books > Law > Legal Education > Legal Profession #57 inÂ Books > Biographies & Memoirs > Professionals & Academics > Lawyers & Judges #228 inÂ Books > Health, Fitness & Dieting > Addiction & Recovery > Substance Abuse

Customer Reviews

"Resilience is a trait very important in both business and addiction recovery. I've never seen anymore more resilient than Brian. His journey is one that should be read about with notes taken." (Mark Cuban, Entrepreneur and Owner of the Dallas Mavericks)"Brian Cuban gives us a crash course in the brutal realities of alcoholism and addiction among lawyers. He spares no painful detail in recounting the many challenges he overcame to build a new a purposeful life. Incorporating the

stories of other lawyers who struggle with addiction, this book will be of great service to those in the profession in need of inspiration. Many lawyers are reluctant to admit they have a problem and reach out for help. Brian makes clear that the only way to tackle this issue among attorneys is to speak up and extend a hand to the next person who is suffering." (Lisa F. Smith, Author of "Girl Walks Out Of A Bar: A Memoir")"As a law school dean, I have seen first-hand the devastating impact of substance abuse on students' paths to achieve their goals and on lawyers' ability to thrive in the profession. It is more important now than ever to provide law students and lawyers with the tools they need to recognize the problem in themselves and others and move toward resolving it. Brian's book is a page-turner and reads like an exciting novel. But, rather than fiction, it portrays the harsh realities for so many in our profession who are struggling with addiction. The book's message is one of hopeâ "the hope that it is possible for those struggling with addiction to regain control of their lives and move forward for the benefit of themselves and their clients. This book is a must-read for all law students and lawyers." (Cynthia L. Fountaine, Dean & Professor of Law Southern Illinois University School of Law)"If you want information beyond data and citations, communicated in a way that will resonate with you, look no further thanÂ The Addicted Lawyer.Â You will find stories at your level, as well as advice on what to do next." (David Jaffe, Associate Dean for Student Affairs, American University Washington College of Law)"Brian Cuban has done something very important withÂ The Addicted Lawyerâ "taken the subject of a widespread problem that most lawyers and law firms would rather ignore and made it accessible, personal, and above all, real. Without question, this book is going to help people."Â (Patrick R. Krill, Attorney, addiction counselor, and leading expert on addiction in the legal profession. Co-author of "The Prevalence of Substance Use and Other Mental Health Concerns Among American Attorneys.")"I've often searched for the right words and advice when I see addiction destroying great lawyers.Â The Addicted LawyerÂ is filled with the right words and advice, for all lawyers." (Brian Tannebaum, Ethics Lawyer and Author of "The Practice: Brutal Truths About Lawyers and Lawyering")

Brian Cuban, the younger brother of Dallas Mavericks owner and entrepreneur Mark Cuban, is a Dallas based attorney, author, and addiction recovery advocate.Â A graduate of the University of Pittsburgh School of Law, he has passed the respective bar exams of Pennsylvania (retired) and Texas.Â Brian has been in long-term recovery from alcohol, cocaine, and bulimia since April 2007. His first book, *Shattered Image: My Triumph Over Body Dysmorphic Disorder*, chronicles his first-hand experiences living with, and recovering from, twenty-seven years of eating disorders and

Body Dysmorphic Disorder (BDD). Brian has spoken at colleges, universities, conferences, and non-profit events across the United States and in Canada. Brian has appeared on prestigious talks shows such as the Katie Couric Show as well as numerous media outlets around the country. He also writes extensively on these subjects. His columns have appeared on CNN.com, FoxNews.com, The Huffington Post, Above the Law, and in online and print newspapers around the world.

Brian describes in painful and transparent detail the life unmanagability of the (frequently) dually addicted. The contrast he reveals between intelligence and behavioral addiction clearly supports the diagnosis of "disease" given by doctors today. Underneath the two surface addictions of eating disorder through body dysmorphia and substance addiction, he describes what is referred to as "relationship addiction"- childhood issues not unpacked in a balanced way when becoming an adult. The mixed impacts, particularly the negative ones, translate and reoccur as "the repetition compulsion" of the childhood pain. His deep willingness to share his story shows humility and self awareness. As a mental health counselor and addictions professional also in recovery -twenty years as we speak- I hear his struggle with the Higher Power concept and personally hope "more will be revealed " there. This book is compelling and very honest.

A great book that peels back the onion on Brian's life, struggle with drugs, alcohol, and, "fitting in." Brian's hard-hitting honesty about coping with having a famous last name, failed marriages, his depression, and his climb up and out was very moving to me. Bravo!!! I could not put the book down and a must read!

It is rare that an authentic, compelling story can strike so close to home for so many people. Brian Cuban does just that in his second book, "The Addicted Lawyer." Cuban has honed is rapid writing style, and perfectly leverages his unique perspective to bring timbre to an otherwise silent killer of legal professionals. Without the preachy falsetto of a celebrity confessor, Cuban lays bare an authentic portion of himself in relating the forces that nearly destroyed his livelihood and should have ended his life. As another generation of legal professionals gear up to face the gauntlet that all too often leads to spiraling depression and substance abuse, friends and family would be doing themselves a favor to read, re-read, and circulate far and wide. Cuban's is a unique voice, but his is one cry in a storm of torment. This book will save untold lives.

Innumerable addictionsÂ¢Â| ruin the lives of countless millions of people around the world. Any

human being ever even Ā¢Â Âœsix-degrees-of-separationĀ¢Â Â• from a non-recovering addict is affected in innumerable negativeĀ¢Â Â| emotional and physical ways. ThankfullyĀ¢Â Â| for the entire human raceĀ¢Â Â| acceptanceĀ¢Â Â| and growing avenues of support in the last twenty-five yearsĀ¢Â Â| have made reaching the light at the end of the tunnelĀ¢Â Â| more attainable. My feelings about the story the authorĀ¢Â Â| Brian CubanĀ¢Â Â| has produced hereĀ¢Â Â| are multi-facetedĀ¢Â Â| and just like helping an addictĀ¢Â Â| I will pull no punchesĀ¢Â Â| along with my offering praise. First of allĀ¢Â Â| being that Brian is the brother of Dallas Maverick billionaire entrepreneur Mark CubanĀ¢Â Â| if I were the authorĀ¢Â Â| I would have never had the biggestĀ¢Â Â| marketing quoteĀ¢Â Â| for his bookĀ¢Â Â| be from his famous brotherĀ¢Â Â| right there emblazoned largely on the front cover. BrianĀ¢Â Â™s storyĀ¢Â Â| can easilyĀ¢Â Â| stand on its ownĀ¢Â Â| both entertaininglyĀ¢Â Â| and educationally. This just shows an ongoing dependence on his brotherĀ¢Â Â™s fameĀ¢Â Â| something that the author makes a major point of late in the bookĀ¢Â Â| in getting away from his Ā¢Â ÂœFAME-UMBRELLAĀ¢Â Â•. I think having that adorning the coverĀ¢Â Â| is like the author having a relapse of one of his addict traits. The authorĀ¢Â Â™s story is told with enough self-deprecating humorĀ¢Â Â| that makes the debauchery BrianĀ¢Â Â| (and most addicts) enveloped himself inĀ¢Â Â| to destroy his lifeĀ¢Â Â| beĀ¢Â Â| dare I say entertaining. (a tough word to use regarding such a serious subject) The one negative about his fast-paced narrativeĀ¢Â Â| is that he kept going forwardĀ¢Â Â| and backĀ¢Â Â| and forwardĀ¢Â Â| in time. If the reader is truly interested in the narrativeĀ¢Â Â| and dutifully wants to track and absorb the ups and downs of the authorĀ¢Â Â™s battle to beat his multiple addictionsĀ¢Â Â| these constant back and forths in time stampsĀ¢Â Â| is very disconcerting. One of the main subjects that the author circles his Ā¢Â Â•literary-wagonĀ¢Â Â• aroundĀ¢Â Â| is how addiction prone attorneys are. Brian was a failed attorneyĀ¢Â Â| whoĀ¢Â Â| according to BrianĀ¢Â Â| never even wanted to be an attorney in the first place. Some statistics are provided touting how much higher the addiction rate is in the legal field. There is an old adage that states Ā¢Â Âœstatistics lieĀ¢Â Â| and liars use statisticsĀ¢Â Â•! I feel his book could just as easily been about the perils of addiction as a wholeĀ¢Â Â| as addiction has no colorĀ¢Â Â| it has no specific genderĀ¢Â Â| raceĀ¢Â Â| religionĀ¢Â Â| or job title. Trying to tie the scourge of addiction to the Ā¢Â ÂœstressĀ¢Â Â• of law schoolĀ¢Â Â| or defending a clientĀ¢Â Â| is kind of off-puttingĀ¢Â Â| to a janitor who loses his job and has to go home and tell his wife and four kids he canĀ¢Â Â™t pay the rentĀ¢Â Â| or the truck driver who put all his families money into a large truck to start his own business and finds out it was repossessed while he was sleeping after driving for eighteen hours straight. The picture the author paints of the Ā¢Â Âœpoor-poor-stress-ridden-attorneysĀ¢Â Â•Ā¢Â Â| reallyĀ¢Â Â| in my

opinionÃ¢Â| takes away from the overall power of this otherwise well written book. My closing praise of this bookÃ¢Â| I believe says it all. I recommend this book to any person who is suffering from addictionÃ¢Â| or any family member or friendÃ¢Â| or work associateÃ¢Â| being affected by someone in the grips of addictionÃ¢Â| whether youÃ¢Â|re an attorney or not.

Great book but an amazing individual. I've met him personally and he's perhaps one of the best advocates for recovery that we have in our era.

[Download to continue reading...](#)

The Addicted Lawyer: Tales of the Bar, Booze, Blow, and Redemption If You See Kay Run: A Badge Bunny Booze Mystery (The Badge Bunny Booze Mystery Collection) Television Can Blow Me 3: Blow Harder Scoring High on Bar Exam Essays: In-Depth Strategies and Essay-Writing That Bar Review Courses Don't Offer, with 80 Actual State Bar Exams Questions a The Bar Exam: The MBE Questions (Prime Members Can Read This Book Free): e law book, 200 Answered and Analyzes Multi State Bar Exam Questions - look inside!!! ! !! (Norma's Big Bar Preps) BAR REVIEW: Evidence, Constitutional law, Contracts, Torts: The Author's Own Bar Exam Essays Were All Published After The Bar Exam. Look Inside! Bar Exam Basics: A Roadmap for Bar Exam Success (Pass the Bar Exam) (Volume 1) Bar Exam Mind: A Strategy Guide for an Anxiety-Free Bar Exam (Pass the Bar Exam Book 3) The Bar Exam Mind Bar Exam Journal: Guided Writing Exercises to Help You Pass the Bar Exam Karen Kingsbury Redemption Series Collection: Redemption, Remember, Return, Rejoice, Reunion What Every Good Lawyer Wants You to Know: An Insider's Guide on How to Reduce Stress, Reduce Costs and Get the Most From Your Lawyer The Six Minute Lawyer: GTD For Lawyers - Work Patterns to Reduce Stress and Increase Lawyer Productivity The Lincoln Lawyer (A Lincoln Lawyer Novel) Beach Lawyer (Beach Lawyer Series) The Criminal Lawyer: (A Good Lawyer Novel) 12 Smart Things to Do When the Booze and Drugs Are Gone: Choosing Emotional Sobriety through Self-Awareness and Right Action I'm Coming To Take You To Lunch: A Fantastic Tale of Boys, Booze and how Wham! Were sold to China Poop, Booze, and Bikinis Betting Booze and Brothels Proof: The Science of Booze

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)